

# APPLICATIONS

1. Read 1 John 4:13-21 and ask the Holy Spirit to speak to your heart about what you need today.

2. Who at work or school is the most difficult person to love? Ask the Holy Spirit to empower you to love them.

3. Who in your family, church, or in the community has wronged you? Have you forgiven them? Could you spend time with them and enjoy a dinner with them?