

APPLICATIONS

1. Read Romans 8:1-7 slowly & prayerfully listening for what the Holy Spirit wants to emphasize to you. Now go around and share in your Life Group or with a family member what God is speaking to you about.

2. If we are set free to live in the Spirit and not under the Law how will this change our attitude at work, school, or in our daily interactions with others? Do you feel set free?

3. Can you explain the context of Romans in your own words to a friend or family member? Try writing it down or verbally process it to yourself the next time you have a private moment.