

## APPLICATIONS FOR LIFE TRANSFORMATION

1. Are you being a "dad" or "mom" in a child other than your own?
2. Are you intentionally creating (and tracking) more uninterrupted family time?
3. What kind of uninterrupted family time are you creating?
4. What are the attributes of the World's Most Interesting Dad (or person)?
5. Are you aspiring to be the World's Most Interesting Dad (or person)?