

## APPLICATIONS FOR LIFE TRANSFORMATION

1. Read Matthew 26:17-30 with your Life Group and talk about what Jesus did for us and how that applies for today.

2. Spend some time quietly reflecting about Jesus' death paying for our sins. Spend some time in prayers of thanksgiving for our forgiveness.

3. Plan a future meal with your family, friends or Life Group and celebrate the Lord's Supper after your meal. Plan to listen to or sing a favorite hymn. (Read through Psalm 113-118, which Jesus and his disciples would have sung before going to the Mount of Olives.)