

APPLICATIONS FOR LIFE TRANSFORMATION

1. Read Philippians 4:4-20. Think through the New Testament and discuss some of Paul's up and down times that he is describing.

2. Take a few minutes and brainstorm a list of blessings (physical as well as spiritual) God has given you. Share a few with the group.

3. Pray and ask God how to use the resources you have to help others who might be in need of food, shelter, help getting a job, missions, etc.

4. Take your list of blessings, ask God how they can be used for His kingdom and then do it!