

APPLICATIONS

1. Read I John 1:1-10 and listen for the voice of the Holy Spirit; for what he is telling you. Share with others or write it down in a journal.

2. Seek fellowship or spend time "hanging out" with Christians who encourage you and refresh your spirit. Be cautious of people who only drain you or steal your joy.

3. Take some quiet time and be honest with our "Father" about any sin He brings to mind. Confess it and receive His forgiveness and reassuring love.