## **APPLICATIONS**

1. Read I John 2:1-14. Ask the Holy Spirit to speak personally to you about what he wants to teach you. When the Spirit speaks to you, write it down in a journal or share with a friend or family member.
2. What challenges at work or school make it hard to love a co-worker? Are you able to discern inappropriate or even rebellious behavior? What is triangulation?
3. Is there anyone you "hate"? (Be honest) Is there anyone you are avoiding because you don't like him/her? Is there anyone you think negative thoughts about in your head or have fears about? Talk with Jesus about this. What does Jesus teach us to do about this in the Bible?